



Stonehaugh News

Supported by Wark Parish Council and Stonehaugh Village
Greens

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It started to snow at the beginning of December

Santa came to Stonehaugh.

Then it started to snow, and it continued to snow, and snow !




Stonehaugh became a
Winter Wonderland



Potholes

Unfortunately the freezing conditions have caused numerous and damaging potholes in all the roads. Annie Hutchinson has spoken to Northumberland County Council so they are aware of the potholes and will repair them as soon as possible. There is a pecking order of priority. **A** roads have priority followed by **B** roads and lastly **C** roads. Ward Lane and the Road to Wark is the **C205** so it will be well down the list.

February 2010

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3 CHT AGM	4 SAS 7.30	5	6	7
8	9	10 CHT Meeting 7.30	11	12	13	14 
15	16	17	18	19 Greens Meeting 7.30	20	21
22	23	24	25 Leek Club Draw	26	27	28

What's Happening in January and February?

27th January - Deadline for Nominations for Community Hall Trustees

28th January - Leek Club Draw

3rd February - Community Hall Trust - AGM 7.30 pm.

4th February - Stonehaugh Allotment Society Meeting

10th February - Community Hall Trust 7.30 pm

14th February - St Valentine's Day

19th February - Stonehaugh Village Greens 7.30 pm

25th February - Leek Club Draw and Collection of subs.

Seasonal Events Reviewed

Prize Bingo 19th November

This was the first 'organised' event in the new hall after the opening on 30th October. A good turnout, including visitors from Simonburn, resulted in takings from the bingo subscriptions and raffle of £112 to go towards Community Hall funds. Many thanks to those who donated prizes and supported this event.

Craft Fair Sunday 29th November

The Craft Fair organised by The Stonehaugh Greens was a huge success this year with six stall holders selling, jewellery, pottery, painted glass, handmade cards, bespoke cakes and biscuits, bio-health products and fishing flies. It was good to see so many people supporting the fair, many from out of the village. The Greens made a profit of £410 from the teas, raffle, table fees, tombola and toy stall. The stall-holders themselves were reasonably happy with their takings and all said they would return.

Christingle Service

The Christingle Service was delightful, with an exceptional turnout this year and we could even say it was a full house. It was lovely to see so many visitors from Wark as well as a good congregation from Stonehaugh. Many thanks to Susan and Lewis from Roses Bower who supplied mince pies and mulled wine which was served after the service, and of course to Lewis for the musical accompaniment on the organ.

Community Hall Decorations

Many thanks to Paula for decorating the Hall and Christmas Tree. We understand it took her and a couple of willing helpers 6 hours of their valuable time to complete the job. Then they were all to put away again for next year. Thank you from us all!

Coffee Morning

Wark Town Hall

Every Friday

10 am to 12 Noon

Coffee or Tea

With

Biscuits or Cake

£1.20

Food For Thought

Your greatness is measured by your kindness; your education and intellect by your modesty; your ignorance is betrayed by your suspicions and prejudices, and your real calibre is measured by the consideration and tolerance you have for others."

Stonehaugh Community Hall Trust

Notice of Meeting

NOTICE IS HEREBY GIVEN that the Annual General Meeting of Stonehaugh Community Hall Trust (Management Committee) will be held at Stonehaugh Community Hall at 7.30pm on Wednesday 3rd February 2010 to transact the following business.

Agenda (Draft)

1. Welcome and Introductions
2. Apologies
3. Minutes of the previous meeting
4. Matters Arising
5. Chairman's Report
6. Finance Report
7. Appointment of Charity Trustees

All bodies as listed under section 7.4 of The Deed of Trust dated 23 June 2008 may appoint 1 member as a trustee. Appointing bodies may change from time to time and a current list can be obtained by contacting the secretary in writing (contact details below) requesting this.

Anyone wishing to become a trustee either appointed (8) or elected (5) should obtain a copy of The Essential Trustee (CC3), and familiarise themselves with the expectations of the role of trustee. Copies can be obtained from the secretary or by accessing the Charity Commission website: www.charitycommission.gov.uk

All nominations both for appointed and elected members must be submitted in writing and received by the secretary no later than 27 January 2010

8. AOB - To be notified in writing to the secretary by Wednesday 27 January 2010

Alison Dennis - Secretary Stonehaugh Community Hall Trust
Contact Details: 2 Kern Green, Stonehaugh, Hexham, NE48 3DZ
Tel: 01434 230431
Email: alison.dennis@northcountryleisure.org.uk



Stonehaugh Allotment Society

Village Landscaping

There has been a proposal that, through the allotments society, we apply for funding to landscape part of the land surrounding the new Community Hall. This could include the land directly around the hall, the land around the allotments site and right up to the tree-line. It would include the strip of land between the allotments and the back lane which is still on course to be the 'green zone'. Before we proceed with any funding applications we need to canvass opinion and devise a costed plan. Ideas which have so far been floated include putting-in hogging paths, a seating area behind the Hall, a small orchard and a general wildlife area. It has also been suggested that any tree planting should be of native species. Any and all ideas will be gratefully accepted. Please contact Gary - garymayhew@btinternet.com, chairman of the allotments society. When we have sufficient ideas we will call a meeting to begin planning how the area should look. There is a maximum of £10,000 available.

Gary Mayhew

Member's News

The SAS Christmas Party was a great success. Members brought food and toasted the festive season with a jar or two. Prospective members enquired to find out what it was all about and the good cheer spread throughout the Hall as the food and merriment was shared by all. Very recently Gary received a rather fetching calendar from the Sustainable Development Fund for us to display. They are the main funder of the Allotment Society and the calendar is now proudly pinned up in the Hall foyer heralding the New Year. The latest good news is that the new contractor, Trevor, is all but finished priming the allotment site and it just needs a little more tidying up. The latest bad news is that January means subs! So all you allotment wannabes need to get your £12 out and make sure Pam gets paid at the next meeting (4th Feb).

SUPPORT SERVICE FOR CARERS



There are around 34,000 carers in Northumberland including 6,000 in Tynedale – people who look after someone who is ill, frail or disabled and the care they provide is unpaid.

There is a support service for carers in Northumberland where carers can go for information and advice, individual and group support, opportunities for carer breaks and lots more.

Tricia Ashford is the Area Development Officer based in Hexham and is a local contact for carers in this area. Tricia holds regular carer support groups in the Community Room at Bellingham Fire Station on the 4th Thursday of every month between 1.00pm and 3.00pm. Anyone who is caring for someone is welcome to come along. The sessions are very informal and provide an opportunity for carers to find out more about carers Northumberland, discuss carer issues and talk to other carers about their experiences.

If you would like more information, contact Tricia on 01434 608033.

Swine Flu update

from Wark and Humshaugh Medical Group

We are currently holding clinics for those in the risk groups listed below. If you are in any of these groups you will be contacted either by phone or letter to come in for your vaccination:-

people aged over six months and under 65 years in current seasonal flu vaccine clinical at risk groups;

all pregnant women;

household contacts of people with compromised immune systems e.g. people in regular close contact with patients on treatment for cancer;

people aged 65 and over in the current seasonal flu vaccine clinical at risk groups.

This does not include otherwise healthy over 65s, since they appear to have some natural immunity to the virus.

Children aged under 5 years (01.01.05-15.06.09) are now being invited. If you do not yet have an appointment please ask at Reception.

Seasonal Flu at risk groups:

People over the age of 65 or anyone with a long term medical condition.

Have
you
had
your
vaccine yet?



If not please make an appointment at Reception as soon as possible.

Stonehaugh Community Hall

AGM NOTICE

WEDNESDAY 3RD FEBRUARY

The Annual General Meeting of Stonehaugh Community Hall Trust will be held at the Hall at 7.30pm on Wednesday 3rd February. There is an official notice form in the Hall.

The elected members must be elected at the AGM. If there are 5 or less candidates for the positions, these candidates will be declared elected. If there are more than 5 candidates for the elected positions then there will be a ballot.

The Chair and Vice-Chair must be voted in at the first ordinary meeting after the AGM by the committee members and they will stay in office until the next election of the position. The management committee shall appoint a Secretary and Treasurer and may remove them from office at their discretion.

TRUSTEES

The hall is held in trust and is a registered charity. The trust is governed by a deed of trust (.doc 76kb). It conforms to the governing rules set out by the Charity Commission. Trustee Responsibilities are set out plainly on the Charity Commission web site.

If you are interested in becoming a trustee then you should take a look at the Charity Commission leaflet The Essential Trustee. The duties and responsibilities of trustees are fully explained here.

All clubs and societies can appoint a member as a trustee (8 positions). There are 5 elected positions and a further 2 positions available to be co-opted.

No group shall have more than a total of 2 members either appointed, elected or co-opted onto the management committee.

Keep warm and keep well during cold spell

The public is being urged to choose well this winter to access the most appropriate services for their symptoms as the freezing weather continues. This will help the NHS to continue to cope with the challenges posed by the severe weather.

With the freezing temperatures set to continue, the local NHS is urging people to take extra care – of themselves, elderly relatives and neighbours - to avoid becoming seriously ill.

Hospitals across the region have reported an increase in admissions of people suffering heart and chest problems, since the cold spell began.

Extremely cold weather can cause mild hypothermia, which increases the risks of some illnesses – including heart attacks, strokes and severe breathing problems – as well as the likelihood of falls.

Martin Wilson, of NHS North East said: “As well as a rise in injuries from falls, we are also seeing a lot of people admitted into hospital who are seriously ill with heart and chest problems.

To help people to stay well and prevent unnecessary hospital admissions, north easterners are asked to look out for vulnerable friends and neighbours, check they're warm enough, especially at night, and have food and medicines so they don't need to go out. If you know someone who might be vulnerable, please make time to knock on their door as soon as possible to see if they need any help or support.

Those most vulnerable include:-

- the elderly;
- people with long term health conditions such as heart, lung or kidney disease;
- babies and the very young – particularly children with breathing problems such as asthma;
- people with disabilities;
- homeless people and those living in cold, damp homes.

Local public are also being reminded of the full range of healthcare options available to them during the cold spell.

You can get expert advice from your local community pharmacy, go to an NHS walk-in centre or minor injury clinic, go online at www.nhsdirect.nhs.uk or call NHS Direct on 0845 4647.

TEAMWORK. UK



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SUMMARY OF SERVICES

Events

Planning & Implementation Of Social & Corporate Events Including All Supporting Requirements Such As Marquee Hire & Catering.

Grants

Sourcing, Application Support Through To Claiming Completion.

Consultancy

Business Evaluation, Assessment, Restructuring & Planning

Web Design

Design, Management, Hosting Including Self Manageable E-Commerce

Multi-Media

The Production Of Images For Use In Brochures, Promotional Movie For Web Or DVD, Training Media & Personal Occasions Such As Weddings, Including Video To DVD Conversion.

Embroidery

Bespoke Embroidery Including Sourcing Of Leisure & Corporate Wear

Our local office is also available to anyone who wants to send an email/ fax, you can also use our other admin services such as typing, document scanning/copying, printing, laminating or simply browse the web.

Should you have a requirement not listed please do not hesitate to contact us with your requirements as we will more than likely be in a position to help.

OPEN MON – FRI 10.00 AM – 4.00 PM & 6.00 PM – 8.00PM

Unit A, Foundry Yard, Bellingham, Northumberland, NE48 2DA

Tel/Fax: 01434 221161

Web: www.teamworkuk.co.uk – Email: admin@teamworkuk.co.uk

GENERAL INFORMATION

NO MEMBERSHIP REQUIRED

GYM

Fully equipped gym with personal training programmes

AEROBIC HALL

(A variety of daytime & evening classes)

BOXING MARTIAL ARTS ROOM

Old Style Okinawan karate for both kids & adults

OTHER FACILITIES

Shower

Table Tennis

MEMBERSHIP FEES (OPTIONAL)

Up to 16 Years & Students £25.00 Adults £50.00

(Terms Available Upon Request)

GYM COSTS

Up to 16 Years & Students £3.00 per Session or £20.00 for 10 Sessions

Adults £4.00 per Session or £30.00 for 10 Sessions

(£5.00 for Non Members)

CLASSES COST

Up to 16 Years & Students £3.00 per Session or £20.00 for 10 Sessions

Adults £4.00 per Session or £30.00 for 10 Sessions

Pole Dancing £10.00 Members & £15.00 Non-Members

KARATE COSTS

Up to 16 Years & Students £3.00 per Session or £10.00 per month

Adults £4.00 per Session or £15.00 per month

PROGRAMME

MONDAY

6.30pm – 7.30pm STEP CIRCUIT
A Step Aerobic Workout

TUESDAY

12.00pm – 1.00pm DISABLED WORKOUT
Assisted exercise routines to meet individual needs
6.00pm – 7.30pm ORIGINAL OKINAWAN KARATE

WEDNESDAY

9.00am – 10.00am MORNING CIRCUIT TRAINING
Mix of Aerobic, Cardiovascular & Weights for Fat Burning
7.00pm – 8.30pm POLE DANCING (Fortnightly Class)
Mix of Aerobic, Cardiovascular & Weights for Fat Burning

THURSDAY

12.00pm – 1.00pm DISABLED WORKOUT
Assisted exercise routines to meet individual needs

FRIDAY

9.00am – 10.00am MORNING CIRCUIT TRAINING
Mix of Aerobic, Cardiovascular & Weights for Fat Burning

GYM OPENING TIMES

Monday - Friday

11.00am – 4.00pm & 6.00pm – 8.30pm
(Friday Close At 8.00pm)

**Unit A, Foundry Yard, Bellingham, Hexham,
Northumberland, NE48 2DA, Tel/Fax: 01434221161**

Useful Contact Numbers

Wark Parish Councillors

Anne Hutchinson Tel: 230680

Carol Madsen Tel: 230074

Greens Secretary

Paula Wright: Tel 230109

Carol Madsen (Chairman)

Social Club Secretary

Ian McKillop Tel: 230085

Gardening/Leek Club Secretary

Carolyn Murray Tel: 230473

Stonehaugh Allotment Society

Gary Mayhew Tel: 230444

Stonehaugh Post Office

Hours: Monday and Thursday 9 till 3

Anne Bulman : Tel: 230624

Community Hall Trust

Alison Dennis Tel: 230431

Anne Bulman (Bookings): 230624

Members of the public are invited to report problems with the following:-

Potholes and Streetlight Failures

Tel: 0800 085 0029

With individual lamp number.

Other Problems log on to :

<http://www.fixmystreet.com>

Stonehaugh Newsletter

Stonehaughnews@btinternet.com

Tel: 230074

Stonehaugh Website:

<http://www.stonehaugh.info>



Belated Greetings

Best Wishes for 2010 to
Diane Hill
who celebrated her 65th birthday
on New Year's Day!

I recently completed my bike ride for Amnesty International which I asked people to sponsor me for. I will be collecting money soon to send off.



Many thanks to those
who supported me.

Eleanor

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